

## Aspire. Ereate. Think.

Monday 15 September 2025

Dear Parents/Carers,

We are delighted to inform you that 3J will be partaking in Forest School sessions throughout the next academic year on selected Wednesday afternoons. The dates for your child are as follows:

- 1 October 2025
- 5 November 2025
- 3 December 2025
- 21 January 2026

Further dates will be confirmed in due course. These sessions will take place in the afternoon and will be led by Miss Cawley (Forest School Leader) and supported by a Learning Support Assistant.

This is a unique experience for children to learn about the outdoor environment and to build confidence, practise teamwork, develop resilience and take appropriate risks within boundaries whilst initiating learning for themselves. Promoting these key attributes can help children to thrive, not only during the sessions, but also in their wider life experiences by raising self-esteem and self-assurance. We also aim to foster in children an interest in the natural world and encourage them to take responsibility for caring for the environment.

Forest school sessions are held outside so the children will need to be dressed in appropriate outdoor clothing.

Your child needs to come to school on **the above dates** wearing:

- A named thick waterproof coat;
- Layers as part of their PE kit (named vest, named long sleeved T-Shirt, named warm jumper);
- Hats and gloves named;
- Thick socks named;
- Appropriate warm footwear named (walking boots or wellies).

Please ensure you send your child to school on this day with named boots/wellies in addition to their usual trainers which they need to wear to school.

All children will participate in the Forest School sessions and these will take place in all weather conditions except if there are thunderstorms or high winds forecast.

A copy of our Forest School Handbook can be found <u>here</u>.

Yours sincerely,

Miss Cawley Forest School Leader 01296 481380 OFFICE@ESGLT.CO.UK ELMHURSTSCHOOL.ORG

