



8 Dunsham Lane, Aylesbury, Buckinghamshire, HP20 2DB

01296 481380
office@esgl.co.uk

Wednesday, 11 March 2026

Spring Term RSE Lessons

Dear Parents/Carers,

Relationships and Sex Education lessons will be delivered in school at the end of Spring term. More information on our school policy and approach to delivering lessons can be found on our school website on the link below.

[Relationships and Sex Education Policy](#)

For your child in Year 4, this will mean they will participate in the following lessons:

Lesson 1: Changes

Lesson 2: What is Puberty?

These lessons are statutory as part of our National Curriculum and therefore there is no option to withdraw your child from these lessons. They are also an essential part of preparing your child in terms of their knowledge of the world and personal awareness.

It is important to us that the children feel comfortable to participate in this sensitive topic; please rest assured that the lessons planned are all age-appropriate and that girls and boys will be separated into two classes.

If you have any further questions or comments at this time, please do get in contact and we will be happy to help.

Yours sincerely,

Ms A Sharif & Miss Kirsty Needham
LfL Leader Headteacher