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Spring Term RSE Lessons

Wednesday, 29 April 2026

Dear Parents and Carers,

During the Summer term, Relationships Education lessons will be taught in school. Further information about our school policy and our approach to teaching these lessons can be found on our website using the link below:

[PSHE & RSE - Subjects - Elmhurst School](#)

For children in Year 2, these lessons will include learning about private parts of the body, using correct scientific vocabulary. This content forms part of the statutory Relationships Education and Health Education curriculum and is designed to help children develop an age-appropriate understanding of their own bodies, personal boundaries, and how to keep themselves safe.

All content will be delivered in a sensitive, supportive, and age-appropriate manner. Teaching will be limited to identifying private parts of the body and understanding that they are personal. No additional or more advanced content will be taught. As this learning is part of the National Curriculum, there is no option to withdraw children from these lessons. We are committed to ensuring that children feel comfortable and confident during these lessons. They will be given opportunities to ask questions in a safe, respectful, and supportive environment.

If you have any questions or would like further information, please do not hesitate to contact the school. We will be happy to help.

Yours sincerely,

Elmhurst School