



8 Dunsham Lane, Aylesbury, Buckinghamshire, HP20 2DB

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Thursday, 4 June 2026

Summer Term RSE Lessons

Dear Parents/Carers,

In line with our School Policy, Relationships and Sex Education lessons will be delivered in school over the Summer Term. More information on our school policy and approach to delivering lessons can be found on our school website on the link below.

<https://www.elmhurstschool.org/relationships-and-sex-education/>

For your child in Year 5, this will mean they will participate in the following lessons:

Lesson 1: Talking About Puberty

Lesson 2: The Reproduction System

Lesson 3: Puberty Help and Support

All these lessons are statutory as part of our National Curriculum. They are also an essential part of preparing your child in terms of their knowledge of the world and personal.

It is important to us that the children feel comfortable to participate in this sensitive topic; please rest assured that the lessons planned are all age-appropriate and that girls and boys will be separated into two classes.

If you have any further questions or comments at this time, please do get in contact and we will be happy to help.

Yours sincerely,

Elmhurst School



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